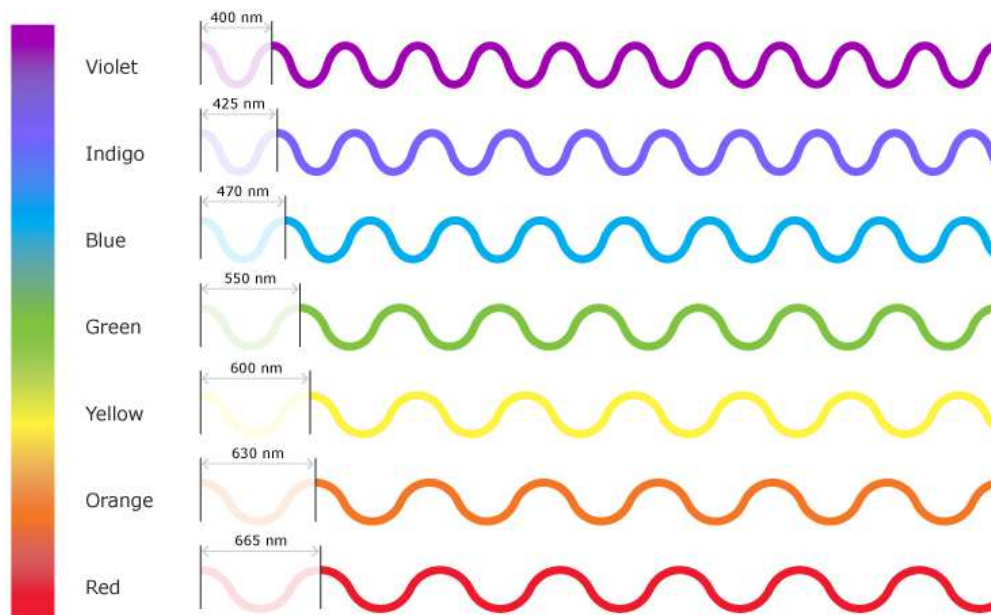


High Frequency



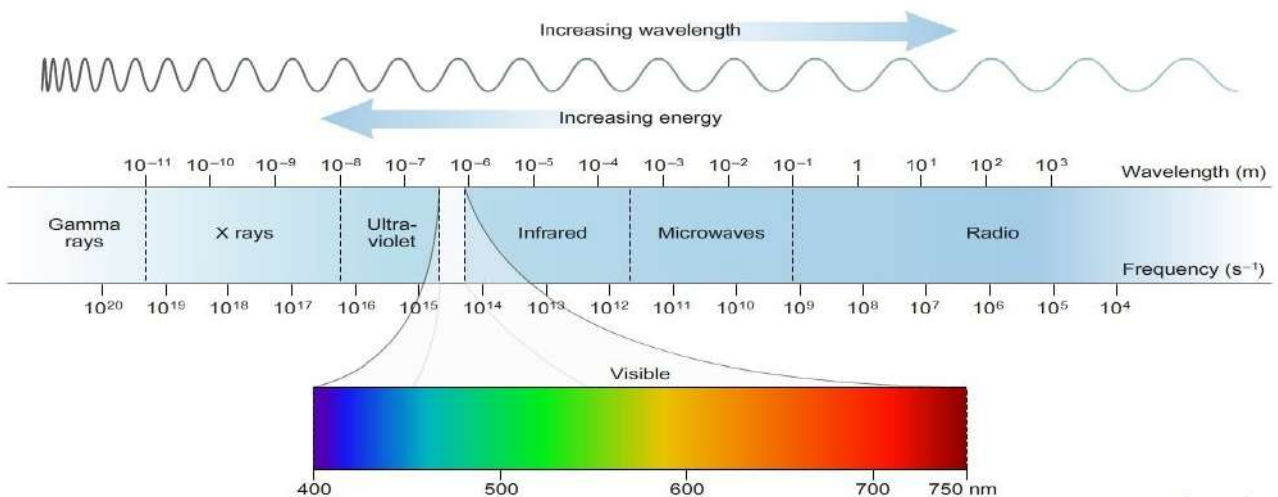
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Low Frequency

Sine Wave – is the measurement of energy used to describe frequency, vibration and waves. It is a waveform, a single frequency repeated indefinitely in time.

Colour	Wavelength/Vibration	Frequency/Cycle
1. Red	740 – 625 nm	405 – 480 THz
2. Orange	625 – 590 nm	480 – 510 THz
3. Yellow	590 – 565 nm	510 – 530 THz
4. Green	565 – 520 nm	530 – 580 THz
5. Blue	520 – 430 nm	580 – 700 THz
6. Violet	430 – 380 nm	700 – 790 THz
7. White	380 – 700 nm	405 – 790 THz

Soul Spectrum – the physics of light within our chakras – nm = nanometres / THz = Tera Hertz / cycles per second.



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